

Prayer for a Pandemic

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May we who are *merely inconvenienced*
remember those whose **lives are at stake.**

May we who have *no risk factors*
remember those who are **most vulnerable.**

May we who have *the luxury of working from home*
respect and support **those who must choose** between
preserving their health or paying their rent.

May we who have *flexibility to care for our children*
when their schools close
remember **those who have no options.**

May we who have to *cancel our trips*
remember **those who have no place to go.**

May we who are *losing on our investments,*
remember **those who have no money to invest.**

May we who settle in for a *quarantine at home*
remember **those who have no home.**

During this time, when we cannot physically wrap our arms
around each other, let us each find ways to be the loving
embrace of humanity to our neighbors.

Be aware. Be accepting. Be supportive. Be kind.